SELFIE is a Horizon2020 EU project that will contribute to the current state of knowledge on **integrated chronic care** for persons with **multi-morbidity**.

SELFIE Summer 2017

In this newsletter you can read about our progress thus far, contributions to conferences, new publications, data collection for the weight elicitation questionnaire and the empirical evaluations, two blogs that are published on the website, and more...

Be sure to check out the website, as we post news and results regularly: www.selfie2020.eu and feel free to forward this newsletter to others that may be interested in the SELFIE project.

Enjoy your summer holidays!
Kind regards, on behalf of the entire SELFIE consortium,

Maureen Rutten-van Mölken, Fenna Leijten, Milad Karimi, Maaike Hoedemakers

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Any news?

Do you have interesting news for this newsletter? Feel free to contact us, we are looking forward to hearing from you!
E: info@selfie2020.eu.

In this newsletter

What we've accomplished thus far

- 18 month report
- WP4 deliverables
- Publications
- Conferences

Blogs:

- SELFIE meeting in Barcelona
- 17 study designs

What we're working on

- WP3: Impact of financing schemes
- WP4: Weight elicitation questionnaire
- WP5: Study designs and data collection

Get in touch

What we've accomplished thus far

In the past 6 months we've finished the 18 month report, 2 deliverable reports for work package 4 and we visited two conferences: the International Conference on Integrated Care and International Health Economics Association.

18 month report

In January 2017, we were 18 months into the SELFIE project, which is an important deadline for our funder, the EU. At this stage, each Horizon2020 project has to submit a report summarising accomplishments to the EU. The EUR took the lead in writing this report, with the help from each respective work package leader. The 18 month report was approved by the EU, which means that SELFIE can progress as planned.

2 deliverable reports WP4

Another deadline in January 2017 was the WP4 deliverable reports. In this work package we developed the methods to perform comprehensive evaluations of integrated care programmes for multi-morbidity using Multi-Criteria Decision Analysis (MCDA).

1. Outcomes report: In the first deliverable report we give an overview of the outcomes that will be included in the MCDA and we describe the methods used to identify and select them.

2. MCDA framework development: The second deliverable report starts with a description of MCDA methods in general, followed by the MCDA methods that will be applied in SELFIE.

>>> Read more about WP4 in the extensive summary.

Conference contributions

- **SELFIE at ICIC2017 in Dublin**

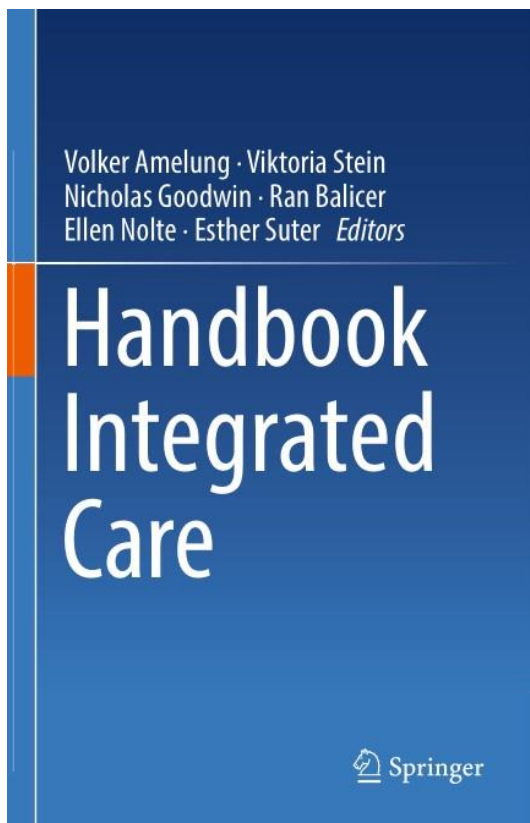SELFIE was very active at the International Conference on Integrated Care (ICIC) in Dublin. We had a poster presentation on the Austrian Tennengau programme and gave oral presentations on the integrated care programme Care Chain Frail Elderly by the Dutch SELFIE team and a presentation on the focus groups by the SELFIE team. We also (co-)organised two workshops, one on EU workshop on integrated care programmes organised by the SELFIE Dutch team, in which we presented SELFIE and one SELFIE workshop in which we presented on WP1 (Germany), WP2 (Austria), WP3 (UK), and WP4 (NL).
The presentations from this last SELFIE workshop can be found on the website!

- **SELFIE at IHEA2017 in Boston**

The Austrian and UK team presented a workshop on:

1. A Novel Framework for Integrated Care for Multi-Morbidity
2. Financial Incentives for Integrated Care
3. Applying Multi-Criteria Decision Analysis to the Evaluation of Integrated Care Programmes for Multi-Morbidity
4. A Comparative Analysis of 17 Integrated Chronic Care (ICC) Programmes for Multi-Morbidity

Handbook integrated care

A new handbook for integrated care is now available. This handbook gives profound insight into the main ideas and concepts of integrated care. It offers a managed care perspective with a focus on patient orientation, efficiency, and quality by applying widely recognised management approaches to the field of health care.
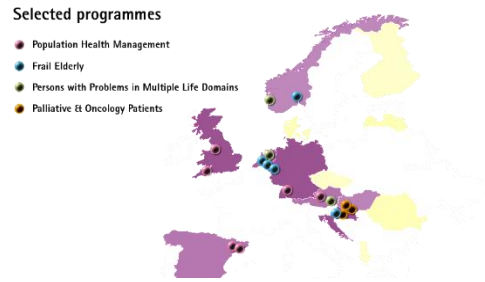
Fun fact: SELFIE colleagues Apostolos Tsiachristas and Maureen Rutten-Van Mölken wrote two chapters: one on the evaluation of complex interventions and one on economic evaluations of integrated care.

Publications update!

- **SELFIE theoretical framework** to qualitatively describe integrated care programmes – published in Health Policy: LINK
- **WHO Eurohealth magazine** (popular scientific) article on the SELFIE theoretical framework. Partners can use this article to translate to their own language and publish these in national journals and on national websites: LINK

- **Editorial in the International Journal of Integrated Care:** 'Common Challenges Faced in EU-funded Projects on Integrated Care for Vulnerable Persons', about the ICIC2017 workshop: LINK
- **EU Researcher magazine article on SELFIE project.** This (popular scientific) article gives a broad overview of the SELFIE project and all its facets - (based on an interview with Maureen): LINK

Blog: Lessons from the Barcelona meeting

Twice a year the SELFIE consortium meets to discuss ongoing work. In March 2017 we visited our Spanish colleagues at IDIBAPS, Barcelona.

"The Barcelona meeting was held in a crucial moment of the project lifespan. SELFIE has been running for eighteen months and the consortium has achieved a remarkable degree of maturity in terms of team work..."

Blog: 17 study designs

With the start of the empirical evaluations of 17 integrated care programmes, we have entered a crucial and exciting phase of the SELFIE project. These 17 programmes, spread over 8 countries, include 6 population health management programmes, 5 frail elderly programmes, 3 programmes for persons with problems in multiple life domains besides their health, and 3 palliative care and oncology programmes.

Read more

Read more

❄️ What we're working on now...

Impact of financing schemes (WP3), weight elicitation questionnaire (WP4), study designs, empirical evaluations (WP5)... We are in the midst of data collection for several work packages!

WP3: Impact of financing/payments schemes and price-setting of integrated chronic care for multi-morbidity

One important goal in SELFIE is to estimate the impact of financing and payment schemes on health care utilisation and expenditures, and on mortality. This research is happening at both the national level and in a combined analysis across SELFIE partners. All SELFIE partners are obtaining data from national databases and the University of Manchester (work package leader) is hard at work to guide the partners in the data analysis. We hope this research answers important questions such as whether integrated payments reduce health care expenditure by substituting use of secondary care with use of primary care.

WP4: Weight elicitation questionnaire

As described in the [WP4 Executive summary](), the outcomes that will be used in the MCDA are weighted by our 5 P stakeholder groups: Patients, Partners (informal caregivers), Professionals, Payers and Policy makers. The relative importance of the outcomes is measured using a Discrete Choice Experiment method. We are still looking for more respondents! For more information, see this [invitation]() or send us a message by replying to this newsletter.

WP5: Study designs and data collection

In the last newsletter we wrote that we were discussing with each programme

whether a comprehensive evaluation can be set up using a Multi-Criteria Decision Analysis (MCDA). We are proud to say that all 17 projects have a study design and are collecting data.

Interested in the 17 study designs? See the posters presented during the Barcelona meeting! Each programme / study design is presented on a poster.

Overview of the work packages

SELFIE in words

During the SELFIE meeting in Barcelona we asked our partners and the stakeholders from our International Advisory Board to describe SELFIE in 3 words. In the word cloud below you can find what they said!

Get in touch

If you're interested in learning more about SELFIE, or have suggestions or ideas for collaboration, please feel free to contact us! **E**: info@selfie2020.eu.

We are also on LinkedIn. Follow us!

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