



Dear colleague,

We are please to send you the first SELFIE newsletter. SELFIE stands for 'Sustainable Integrated Care Models for Multi-Morbidity: Delivery, Financing and Performance.'

With our newsletters we will keep you posted on our progress and give a glimpse of new findings. You can also find this and more detailed information on our recently launched website: [selfie2020.eu](http://selfie2020.eu).

Below you can read about the project in general, meet our consortium, get an update of what we're working on now, and see an overview of our past and upcoming meetings.

Please feel free to forward this message to others that may be interested. At the bottom of the website you can sign up for this newsletter.

**Happy holidays** and **prosperous new years greetings** on behalf of the entire SELFIE consortium,

Maureen Rutten-van Mólken, Fenna Leijten, Melinde Boland

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## About SELFIE

SELFIE is a Horizon2020 EU project that will contribute to the current state of knowledge on **integrated chronic care** for persons with **multi-morbidity**. We aim to generate evidence on the impact of promising integrated care models and **supporting financing schemes** on **patient experience**, **health outcomes**, and **costs**. Specific integrated care projects for multi-morbidity from the partner countries will be empirically evaluated using **multi-criteria decision analyses** (MCDA).

New models of care for multi-morbid patients are needed that incorporate a **holistic assessment** of patient's needs, capabilities, and preferences, person-centered integrated chronic care, and a supportive network of effectively collaborating professionals.

In SELFIE **5 stakeholder groups** play an important role (**5P's**). The importance of the various outcomes of integrated care models will be measured from each of their viewpoints.

1. **P**atients
2. **P**artners and informal caregivers
3. **P**rofessionals
4. **P**ayers

## 5. Policy makers

The 5P's are also represented in the international **stakeholder advisory board** and will be invited to national workshops.

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## Meet the SELFIE consortium

- **The Netherlands:** (*coordinator*) Institute of Health Policy & Management, Erasmus University Rotterdam
- **Germany:** Department of Health Care Management, Technical University of Berlin
- **Norway:** University of Bergen, Department of Economics
- **Austria:** Institute for Advanced Studies
- **Croatia:** Agency for Quality and Accreditation in Health Care and Social Welfare
- **Hungary:** Syreon Research Institute
- **Spain:** Consorci Institut D'Investigacions Biomediques August Pi i Sunyer (IDIBAPS)
- **The United Kingdom:** University of Manchester, Center of Health Economics

More information on the consortium can be found [here](#).

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## What we're working on now

Currently, the German, Austrian, and Dutch partners are working on the first work package. In this work package we are **developing a conceptual framework on integrated care for multi-morbidity** by conducting a systematic review and by studying the grey literature. We are searching in

different online databases for articles concerning: frameworks/models, integrated care, and multi-morbidity. The search yielded many results (9,500 scientific articles). The selection and reviewing process is currently underway!

Parallel to this process each partner is **identifying existing projects** of integrated care for multi-morbidity in their country. If you are currently working on or know of such projects, please get in touch with us, as we are trying to make comprehensive national lists about ongoing initiatives in this field.

The conceptual framework that is being developed will help us to **select the most promising projects** on our national lists. From each partner country we aim to include 2 integrated care for multi-morbidity initiatives to **extensively describe** and **evaluate** in later work packages.

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### **Past and upcoming meetings**



In the beginning of September to **kick-off** the SELFIE project, partners from all involved organizations came to Rotterdam, the Netherlands. Read about our start in the [blog](#) on the website.



At the end of January our **next meeting** will be held in Vienna. At this meeting again all partner organizations will be present, as well as members from our Stakeholder Advisory Board.

We will present and discuss the conceptual framework for integrated chronic care for persons with multi-morbidity,

which is being developed in Work Package 1.

Furthermore, we will make an initial selection of +/- 16 projects that provide integrated care for multi-morbidity, 2 in each partner country, that we will hereafter thoroughly describe and evaluate.

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### **Get in touch**

If you're interested in learning more about SELFIE, have suggestions or ideas for collaboration, please feel free to contact us!

Email: [info@selfie2020.eu](mailto:info@selfie2020.eu)

Through our [LinkedIn group](#) you can also stay up-to-date.

#### **DISCLAIMER**

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