The eight countries collaborating on the SELFIE-project are: the Netherlands (coordinator), Austria, Croatia, Germany, Hungary, Norway, Spain and the United Kingdom.

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SELFIE Winter 2016

Since our last newsletter, in which we published our conceptual framework, we've been working hard to complete the description of 17 promising integrated care programmes. After accomplishing this milestone, a new phase began in which we had to re-engage our quantitative research skills. These skills will come in handy, as we've been setting up the empirical evaluation of these 17 complex programmes. In order for our research to succeed it's essential that the data collection procedures merge smoothly into daily practice - a challenge we're committed to. This entails engaging in an exciting and continuous dialogue with care providers, managers, and executive boards. We look forward to embarking on this journey with our partners in the field and our consortium!

In this newsletter you can read more about the programme descriptions and the process surrounding the empirical evaluations. Also be sure to check out the website where we post news and results regularly: www.selfie2020.eu. Feel free to forward this newsletter to others that may be interested in the SELFIE project.

Happy holidays and we wish you a good new year!

Kind regards, on behalf of the entire SELFIE consortium,

Maureen Rutten-van Mölken, Fenna Leijten, Maaike Hoedemakers, Melinde Boland

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Events 2017

March 23rd-24th: SELFIE consortium meeting Barcelona
March 24th: SELFIE Stakeholder Advisory Board meeting Barcelona
May 8th-10th: IFIC Conference Dublin
July 8th-11th: IHEA Conference Boston

Any news?

Do you have interesting news for this newsletter? Feel free to contact us, we look forward to hearing from you!
E: info@selfie2020.eu.

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What we've accomplished

Since our last newsletter, several of our accomplishments were...

Thick descriptions

In SELFIE, 17 promising integrated care programmes in the eight partner countries were selected and extensively described. More than 100 interviews were conducted with stakeholders involved in the programmes and all available documentation was read in order to make these descriptions as in-depth as possible. These descriptions form the input for the qualitative international comparisons between the programmes.

For now these reports are finished and have been submitted to the EU. The executive summaries can be found on the website. Several country-specific reports will also be uploaded to the website in the coming weeks.

These qualitative results won't be shelved; they're being used to develop the designs of the empirical evaluations and can be used in the future to help us interpret our quantitative findings. Thus the qualitative and quantitative results in SELFIE feed into and strengthen one-another.

SELFIE core set

We have developed a core set of outcomes to use in the evaluation of the 17 integrated care programmes for multi-morbidity. Such a core set is necessary to facilitate a comprehensive evaluation of integrated care for persons with multi-morbidity, as standard quality of life outcomes do not capture all effects relevant to these complex individuals participating in complex interventions. Standardising a core set also supports the application of a uniform evaluation framework across the 17 programmes. This core set was developed on the basis of a literature review, national stakeholder workshops, focus groups with persons with multi-morbidity in each partner country, and the 17 promising programmes.

The core set is defined on a conceptual level and can be divided into the triple aim. It consists of the following eight concepts:

- *Health / well-being*: physical functioning, psychological well-being, social relationships & participation, enjoyment of life, and resilience
- *Experience with care*: person-centeredness and continuity of care
- *Costs*: Total health- and social care costs

In each programme evaluation indicators for this core set of concepts will be collected. Furthermore, the 17 programmes were split into four types: 1) population health management programmes, 2) programmes targeting frail elderly, 3) palliative care and oncological programmes, and 4) programmes targeting persons with problems in multiple life domains. For these four categories of programmes additional outcomes were defined.

EUPHA

At the European Public Health Association (EUPHA) conference in Vienna in November the SELFIE consortium took part in an interesting session with other EU projects on integrated care. The SELFIE Multi-Criteria Decision Analysis evaluation plans and the core set were presented. See the presentation here.

IFIC Blog

We're happy to announce that the blog we've written about the first year of the SELFIE project is published on the IFIC website...

Read the blog here!

What we're working on now...

We're finishing the first, descriptive, strand of research in SELFIE and are moving to the second, evaluative, strand. See the work package overview on the website.

Financing of integrated care for multi-morbidity

For the coming year we will describe and evaluate the various payment schemes and financing options for delivering integrated care for persons with multi-morbidity.

Currently, we're analysing information, as described in the thick descriptions, on how the 17 promising programmes have arranged funding and payment, what barriers and facilitators they experienced in arranging this, and how sustainable these arrangements are. This analysis is being used for cross-country comparative studies.

Multi-Criteria Decision Analysis (MCDA)

A goal in SELFIE is to apply and compare innovative research methods. To this end, we will be conducting **MCDAs to evaluate** the programmes. For the MCDA we need to collect data on **the programmes' performance** on the SELFIE core set and elicit weights for **the importance of** these concepts.

- **Data collection**

All partners are developing appropriate study designs for the empirical evaluations. This entails identifying indicators to measure the core set concepts, setting up data collection procedures, and exploring the possibilities of creating control groups. We're also working on writing new ethical committee proposals for these evaluations.

- **Weight elicitation**

In MCDA the programmes' performance on the core set concepts is weighted. For each core set concept we will elicit weights. This will be done from 5 perspectives (the 5P stakeholders): Patients, Partners (i.e., informal caregivers), Professionals, Payers, and Policy makers. For the weight-elicitation we will use a Discrete Choice Experiment (DCE) and swing-weighting methods.

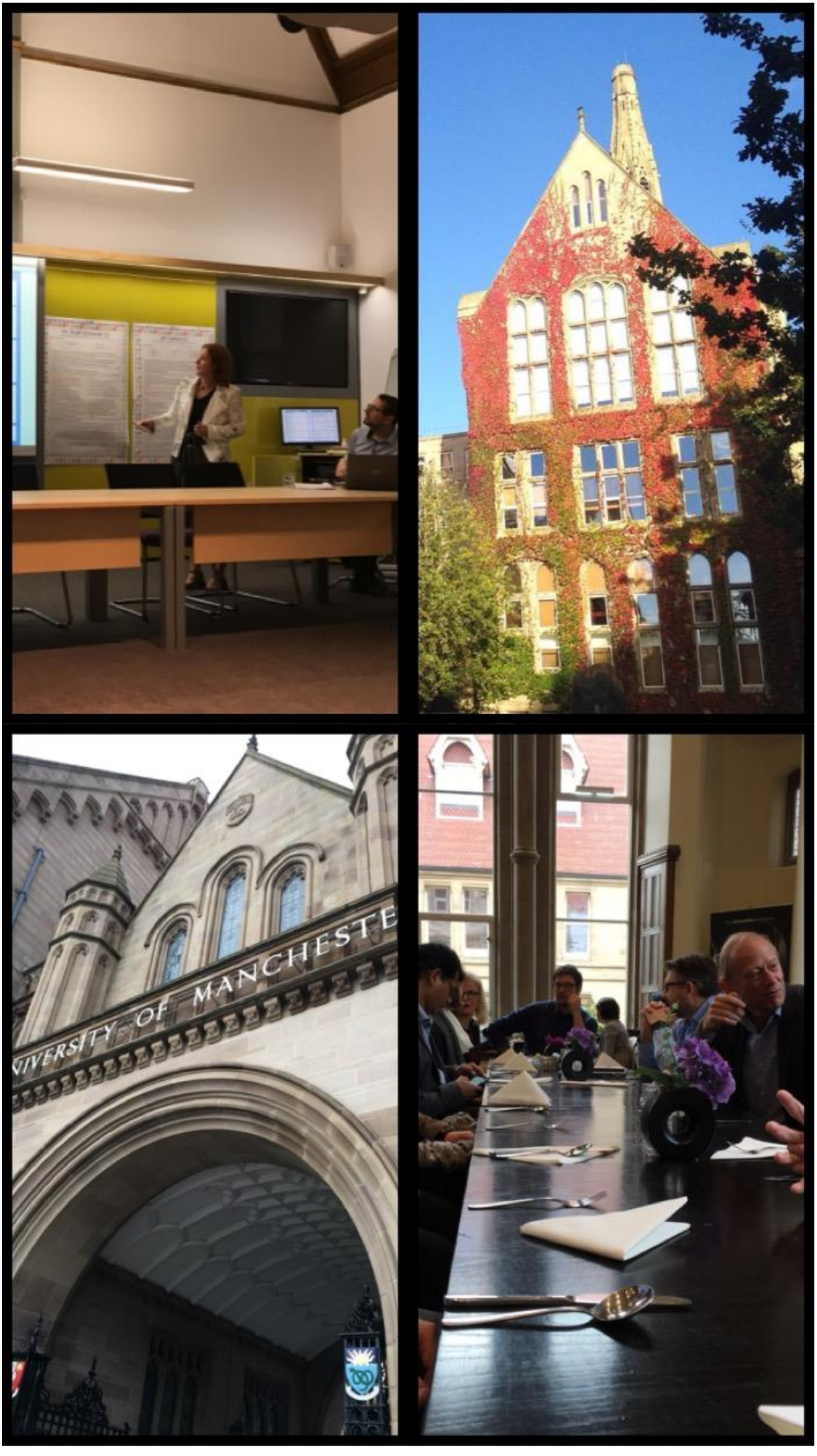
Collected data and the weights will be brought together again in the MCDA. An online MCDA tool will also be developed to make the weights that we collect re-usable for future evaluations.

View the timeline of our progress

We are recruiting a post-doc for the Dutch SELFIE team!

Click here for the full job description and to apply.

Consortium meeting Manchester October 2016


NIVERSITY OF MANCHESTE

In beautiful fall weather we had our 3rd SELFIE Steering Committee meeting.

Get in touch

If you're interested in learning more about SELFIE, or have suggestions or ideas for collaboration, please feel free to contact us! E: info@selfie2020.eu.

We are also on LinkedIn. Follow us!

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